

Four stylized virus icons are positioned in the corners of the page. Each icon consists of a dark blue circle with several smaller circles (spikes) radiating from its perimeter. The top-left icon is partially cut off by the edge. The top-right icon is also partially cut off. The bottom-left and bottom-right icons are fully visible.

COVID-19

REIGNITION SUPPORT PACKAGE

EQUIP EMPLOYEES TO FLOURISH ON THEIR RETURN FROM LOCKDOWN





REIGNITION IS CRITICAL

For businesses to recover after the lockdown, they need engaged and motivated employees to perform at their best. This is needed now more than ever. For the aftermath of the lockdown will be wrought with emotional, psychological, and social challenges for employees and organisations. If these are not effectively managed, organisations will remain 'locked down' far longer than is necessary. This will devastate the bottom line.

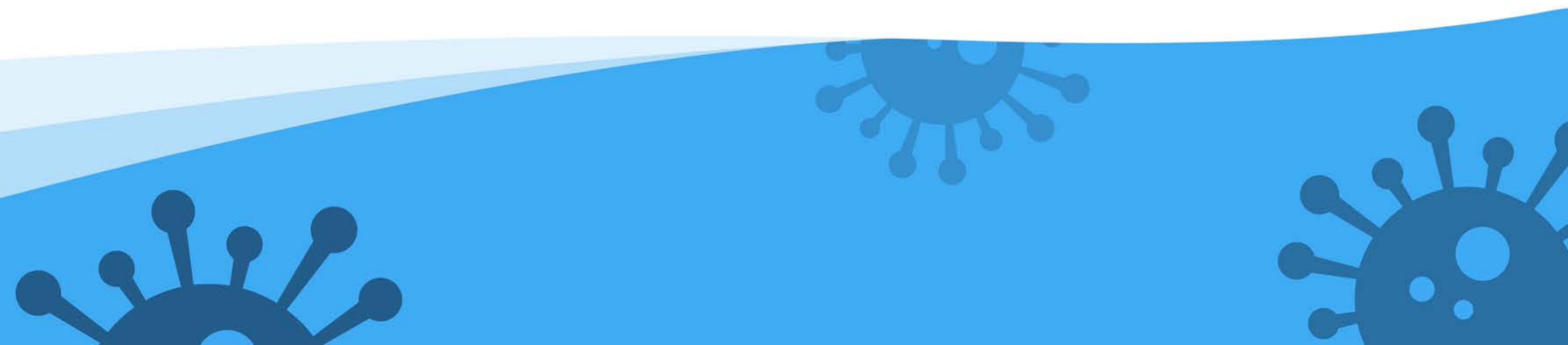


CHALLENGES

- ROUTINES** need re-establishing, and change is hard
- NEGATIVITY** towards employers, leaders, and the company
- MOTIVATION** for the current work situation, goals, and future
- NEEDS** constantly shifting with reintegration phases and recovery
- FAMILY** dynamics with children and schools, divorces, abuse etc.
- ANXIETY** and uncertainty as the economy and people recover
- CONFLICT** from clashing needs of employers versus employees
- GRIEF** from loss of pay, colleagues, and previous hopes and dreams
- ENERGY** levels and exhaustion in the face of post-lockdown demands
- CONFUSION** around balancing the new work environment (remote/in-office)



However, the challenges above need not negatively impact companies. They can be overcome and leveraged to positively reset relational, operational, and cultural dynamics. But this can only be achieved by implementing specific practices and techniques. The Reignition Support Package is designed to help individuals, leaders, and companies facilitate this implementation.





REIGNITION SUPPORT PACKAGE

The Reignition Support Package is a comprehensive toolkit to quicken an effective social and psychological reignition process for employees and organisations. It equips leaders and employees with all they need to overcome reintegration challenges, and to swiftly achieve organisational health and wellbeing.

PACKAGE INCLUSIONS

SUBSCRIPTIONS to develop, measure, and track EQ

FACILITATIONS monthly virtual group reignition sessions

LEADERSHIP reignition webinars for leaders to shine

INTEGRATION reignition webinars for employees to cope

EDUCATION mental health and wellbeing webinars for all

OFFICE HOURS weekly open sessions with psychologists

ADDITIONAL RESOURCES

- Daily reignition wellbeing checklist
- Team reignition activity toolkit
- Leadership for flourishing ebook
- Emotional management techniques
- Leadership reignition tip sheets
- Healthy company culture reset protocols
- Loss and grief management info pack
- Family activities to combat reignition stress



**In this trying and uncertain time
equip your employees to flourish,
and your business will too.**

hello@mygrow.me

