

THE GRATITUDE GAME

This game has been designed to be played as a team at the office. Depending on the size of your team, everyone can take 1-3 turns. Roll a dice or you can type "roll die" in Google.

HOW TO PLAY:

- 1) Roll the dice to determine the row number. 2) Roll the dice again to determine the column number.
 - 3) Share what the words in the block make you think of and why you are grateful for this.
- E.g. You roll a 2 and 5. Share about someone you appreciate at work and why you are grateful for them.

I AM GRATEFUL FOR...

	1	2	3	4	5	6
1	A WORK EVENT THAT IS HAPPENING THIS WEEK	SOMETHING THAT I ENJOY ABOUT MY COMMUTE TO/FROM WORK	A COMPLIMENT OR PRAISE THAT I RECEIVED RECENTLY	SOMETHING THAT IS A PART OF OUR COMPANY CULTURE	SOMETHING THAT MAKES OUR COMPANY UNIQUE	A STRENGTH OR SKILL THAT HELPS ME DO MY JOB
2	ONE OF MY FAVOURITE OUTFITS TO WEAR TO WORK	A PIECE OF TECHNOLOGY THAT MAKES MY JOB EASIER	A MISTAKE I MADE AT WORK THAT I LEARNED FROM	SOMEONE WHO I WORK REALLY WELL WITH	SOMEONE I APPRECIATE AT WORK	A CHERISHED MEMORY FROM THE OFFICE
3	A RECENT MEAL I ENJOYED AT THE OFFICE	MY MOST PRODUCTIVE HOUR OF THE DAY	SOMETHING I LOOK FORWARD TO AFTER WORK	A WAY THAT MY COMPANY RESPECTS WORK/LIFE BALANCE	AN IMPACT THAT MY COMPANY IS TRYING TO MAKE	SOMETHING WE CAN LOOK FORWARD TO IN THE FUTURE
4	SOMETHING I CAN DO TODAY THAT I COULD NOT DO 5 YEARS AGO	A WORK FREEDOM THAT I AM GRATEFUL FOR	SOMETHING OUR OFFICE HAS THAT OTHERS DON'T HAVE	A SONG THAT I LISTEN TO WHEN I NEED TO GET THINGS DONE	SOMETHING I USUALLY TAKE FOR GRANTED	SOMEONE WHO MAKES MY JOB A LOT EASIER BY DOING THEIR JOB
5	SOMETHING THAT I AM NEEDED FOR AT WORK	SOMETHING I AM ABLE TO DO BECAUSE I HAVE THIS JOB	ONE OF MY BIGGEST ACCOMPLISHMENTS	AN OFFICE PERK THAT COMES WITH WORKING AT THE COMPANY	SOMETHING THAT I APPRECIATE ABOUT MY LINE MANAGER	A DAILY ROUTINE THAT I LOVE
6	SOMETHING IN MY OFFICE SPACE	A MOMENT WHERE I FELT PROUD OF MYSELF	AN OPPORTUNITY THAT IS ALLOWING ME TO GROW OR IMPROVE	SOMETHING THAT MADE ME LAUGH/SMILE AT WORK	SOMETHING I RECENTLY LEARNED AT THE OFFICE	SOMETHING ABOUT MY MOST RECENT TIME-OFF